

- Respect – Organisation – Commitment – Kindness – Safety -



Wednesday, 23rd May, 2018

Jerrys Journal

Newsletter of Jerrys Plains Public School

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Important dates to remember TERM 2

Thursday, June 7th: Special Religious Education

Friday, June 8th: P&C Meeting

Monday, 11th June: Public Holiday

Wednesday, June 13th:
Ready4School
Debating at Singleton Heights Public School

Thursday, June 14th: Stage 3
Science & Engineering Challenge, Muswellbrook.

Monday, June 18th: Stephanie Alexander Kitchen Garden Lessons

Wednesday, June 20th:
Ready4School; Small Schools Athletics Carnival

Thursday, June 21st: Special Religious Education

Wednesday, June 27th:
Ready4School

Monday, July 2nd: Stephanie Alexander Kitchen Garden Lessons

Wednesday, July 4th:
Ready4School

Thursday, July 5th: Special Religious Education



We are fortunate in our School to have access to quality teaching and learning through dedicated teachers and progressive programs. Beginning with Ready4School, we offer students the opportunity to grow their own learning, engaging in stimulating and challenging experiences. Currently, we are seeking Expressions of Interest for the 2019 enrolment. Please call into the office or email with your details.

Our students in Kindergarten—Year 2 hit the ground running and become absorbed with the engaging teaching and learning. Under the NSW State initiative of Early Action for Success, the pedagogy of Language, Learning and Literacy (L3) is tailored to meet the needs of every student. This planning occurs through the analysis of individual data which is constantly being collected. The K-2 team meets regularly to review the data and the evidence shows that all students are making progress.

This term, Years 3-6 students have encountered new ways of thinking mathematically. Through the teaching of the Building Numeracy Leadership team, students are exploring ways of analysing their mathematical thinking to bring about in a change of mindset; the focus is not on getting the answer correct but in mastering the most efficient strategies for working mathematically. Very challenging...

I welcome your conversations so please make an appointment through the office and we can chat.

Regina

READY4SCHOOL

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Last Wednesday we looked at the letter 'P' and the sound it makes. We practised making the 'P' sound whilst singing our Jolly Phonics song. We used sponge painting to create platypus fur and made the letter 'P' out of magic sand.

During Math time we sang our special number song before placing our number cards in order from 1 – 10. We also played a game of Monster Dice Match.

During Fine Motor play the Ready 4 School students played with some beading to make different types of jewellery.



Kids in the Community



Toy Box has arrived at Jerry's Plains

Toy Box is a mobile playgroup that visits Jerry's Plains every fortnight on a Monday. It allows children to do many crafts, socialise with other children their age and allows parents to chat about life. All are welcome, ages from 0 to 6 years.

Ph; 6543 4877 email; toybox@uhcs.org.au "





Welcome to winter .

The past month we have faced some changes to Kayecare and the environment. Not by choice I must say. Not too many of us like change yet I believe with change it is the law of life and those who only look at the past and the present actually will miss the future, so it is full steam ahead with a positive approach for us .

As the weather turns cold we have observed further changes. Mother Nature is turning on some amazing colours in the garden. The kids have been collecting autumn leaves, discussing the texture, shape, size and colours of the leaves. Some leaves have been gathered for collage and craft works . We have been exploring our Nature area, digging and preparing the garden beds for winter vegetables and it has been a great conversation place where we can toss around ideas. The kids have the majority of input into their area.

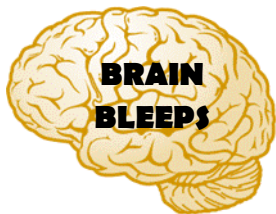
We have been supporting language development skills through stories and puppet play, dress ups, role model and story recall. Children have learned to connect to their stories by labelling and identifying objects in the stories.

Rock collecting is proving to be so much fun. Each rock is carefully chosen, painted and decorated and given amazing identities. I am sure this activity will be continued.

We have celebrated the arrival of Byron and Abi's baby brother, little Henry. Congratulations to all. We have also welcomed Vincent into Kayecare. He has slotted in very well to our family affair.

Until next time take care and stay beautiful
Kaye





Your brain learns to read by learning letters and groups of letters then linking them to create meaning. Experienced readers also use context and clues such as shape and letter order to identify words. James Cattell, the founder of psycholinguistics, proposed the word-shape model of reading in 1886.

- You will see this theory in action when students are asked to put words into boxes, a letter for each box.

Reading, learning, pattern recognition and so much more begin with the fundamental unit of the brain, the neuron. Each one of the roughly 90 billion neurons in a human brain, is a nerve cell and it connects with so many others that the entire network forges trillions of connections, making the brain the most complicated object in the universe.

- A neuron can reach from one side of the brain to the other.

Coming new to the Library...

Jarjums Corner

A beautiful collection of colourful picture books, for the early years through to middle Primary, by Aboriginal authors and illustrators. There will also be a selection of books featuring Dreamtime stories, other Aboriginal culture and history.

...a dreaming spot



Kate Owen Gallery

Good for Kids good for life

RECIPE: HONEY SOY CHICKEN STIR-FRY

INGREDIENTS	QUANTITY
Chicken breast, cut into strips	500g
Soy sauce	1/4 cup
Honey	2 Tbs
Garlic, minced	2tsp
Carrot cut into strips	2
Onion cut into wedges	1
Capsicum cut into thin strips	1/2
Udon noodles	2 x 200g



METHOD

1. Combine chicken with soy sauce, honey and garlic. Set aside for 5 minutes to marinate.
2. Heat oil in wok or frying pan over high heat. Drain chicken from marinade and stir fry in batches until just cooked through. Remove from wok and set aside.
3. Add vegetables to wok and cook lightly, stirring constantly.
4. Return chicken and reserved marinade to wok with noodles and toss until heated through.

Tips: You can add as many vegetables as you like including: green beans, snow peas, mushrooms, zucchini, bok choy etc.

Source: Kidspot



PHONE 49246299

Good for Kids good for life

7 REASONS TO LIMIT SMALL SCREENS

Nearly half of all children aged between 5-15 years spend more than 2 hours every day on small screen entertainment such as TV, smartphones and tablets.

Children who spend more than 2 hours on screen time per day are more likely to:

- Have an unbalanced diet.
- Be less physically active.
- Have sleep problems.
- Drink more sugary drinks.
- Snack on foods high in sugar, salt and fat.
- Have fewer social interactions.
- Develop poor posture.



Setting up good habits while children are young can make all the difference to their habits and health in later life.

Source: Murrumbidgee Local Health District Quick Bites



PHONE 49246299

Expression of Interest for Ready4School 2019

If you have a child or know of someone in the area (a neighbour, friend etc) who has a child, turning 4 **BEFORE 31ST JULY 2019** – please phone, or come to the office, to place the child's name on our waiting list.





Eftpos

We know how hard it can be at times to pay for school items etc: school fees, excursions with no facilities available at Jerrys Plains, therefore we have decided in the best interest of the school community to supply an eftpos machine at our school office to help make it easier to pay.

Please note we are unable to do cash out.

What's on at our Hall.



The Jerrys Plains School of Arts Hall Committee is holding another great community night on Friday, June 15th. Starting at 5.30pm the hall will be providing a family night out with all the delicious, home-made soup you can eat and a damper roll for just \$10 a head and a gold coin donation for under 10s.

Enjoy the opportunity to catch up with friends and acquaintances, play cards if you wish and listen to some music. Risk a little money on the raffles and have the chance to take home a hearty meat or vegetable tray. In addition, for the small outlay of \$2, take a number in the 100s Club and you may well be the lucky winner who takes home \$100 in cash. Bring the beverage of your choice. Tea, coffee and some sweet treats will also be available. But don't be late, your cup may be bottomless but our soup pots are not. Don't miss out! All proceeds go towards keeping our hall available for the community's use.



Our Little free Libraries



It is really great to see that the libraries continue to remain popular. Thanks to those members of the community who keep the books turning over and especially those who help keep an eye on them when I am unable to get to them for various reasons. We have had some great books come through. I am reading and enjoying things I would never have considered buying and finding new favourite authors all the time. I hope you are too. The street library movement is growing bigger all the time. Approximately three new ones register with us each day!!! The original aim was to have 500 by the end of this year and we hit that in late November last year! Look out for us at the village fair as I am sure we will be putting in an appearance again. Happy reading – Your Librarian – Gena Domek

Village Fair

The hall grounds will again be the venue for the Progress Association's Annual Village Fair on 15th September. Roll in from 8am and grab brekky, the best coffee in the valley and wander around the selection of fair stalls. We have food, home-made jams and pickles, trash and treasure and a **FREE** jumping castle for the kids. There will be a variety of displays of interest for all to enjoy. Come along and enjoy a day with friends and family.



STALL HOLDERS WELCOME. STALLS ARE A CRAZY \$10 ea. CALL MAUREEN ON 0413 318 666 to book a site.

If you would like to hold a function in either the hall or the tennis club please contact Kaye on 65764168 or 0448130935. Don't forget you are most welcome to come along to a Hall Committee meeting on the second Tuesday of each month at 6.30pm. Our next meeting is 12th June.



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LABrary Launch!

29 JUNE | 11AM-1PM

Join us as we open up the LABrary for a hands-on open day with 7 different zones to play and experience the cool new toys!

- Oculus VR
- 3D Printers
- Laser Cutter & Engraver
- R2D2 Robots
- Ohbot
- Makey Makey
- Code-a-pillar
- Cubetto
- Green Screen
- Animation Studio
- Lego Drones
- Mechanic Kits
- Ozobots
- Hummingbird Kits
- Little Bits Robots
- + More...



JUNE @ YOUR LIBRARY

Free Hearing Screening @ your Library

National Hearing Care will conduct hearing health conversations, test hearing, clean and check hearing aids and offer advice for anyone aged 26+.

Wednesday 20 June | 9.30am-12pm
Bookings essential



The Game Bird by Aiden R Walsh - Book Launch

The Game bird is a swashbuckling black powder fantasy wrapped around a spine of darkness.

Join Aidan a prize winning fantasy author and Hunter Valley resident to talk about his book, its characters and all things fantasy writing. After the launch join us for wine, cheese and book signing.

Thursday 14 June | 5pm-7pm
Bookings essential












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Too sick for school?

Generally if your child feels unwell, keep them home from school and consult your doctor. This chart and the information it contains is not intended to take the place of a consultation with your doctor.

Bronchitis	Symptoms are coughing, a runny nose, sore throat and mild fever. The cough is often dry at first, becoming moist after a couple of days. There may be a slight wheeze and shortness of breath. A higher fever (typically above 39°C) may indicate pneumonia.	 ... until they are feeling better. Antibiotics may be needed.
Chickenpox (Varicella)	Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.	 for 5 days from the onset of the rash and the blisters have dried.
Conjunctivitis	The eye feels 'scratchy', is red and may water. Lids may stick together on waking.	 while there is discharge from the eye unless a doctor has diagnosed a non-infectious cause.
Diarrhoea (No organism identified)	Two or more consecutive bowel motions that are looser and more frequent than normal and possibly stomach cramps.	 for at least 24 hours after diarrhoea stops.
Fever	A temperature of 38.5°C or more in older infants and children.	 ... until temperature is normal.
Gastroenteritis	A combination of frequent loose or watery stools (diarrhoea), vomiting, fever, stomach cramps, headaches.	 for at least 24 hours after diarrhoea and/or vomiting stops.
German measles (Rubella)	Often mild or no symptoms: mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time.	 for at least 4 days after the rash appears.
Glandular Fever (Mononucleosis, EBV infection)	Symptoms include fever, headache, sore throat, tiredness, swollen nodes.	 unless they're feeling unwell.
Hand, Foot and Mouth Disease (HFMD)	Generally a mild illness caused by a virus, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area in babies.	 until all blisters have dried.
Hayfever (Allergic rhinitis) caused by allergy to pollen (from grasses, flowers and trees), dust mites, animal fur or hair, mould spores, cigarette smoke	Sneezing, a blocked or runny nose (rhinitis), itchy eyes, nose and throat, headaches.	 unless they feel unwell or are taking a medication which makes them sleepy.
Head lice or nits* (Pediculosis)	Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.	 ... while continuing to treat head lice each night. Tell the school.

Hepatitis A	Often none in young children; sudden onset of fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.	 ... for 2 weeks after first symptoms (or 1 week after onset of jaundice). Contact your doctor before returning to school.
Hepatitis B	Often no symptoms in young children. When they do occur, they can include fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine.	 if they have symptoms. Contact your doctor before first outbreak and returning to school.  if they have a chronic infection (not the first outbreak) and no symptoms.
Impetigo (School sores)	Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.	 ... until antibiotic treatment starts. Sores should be covered with watertight dressings.
Influenza	Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.	 ... until well.
Measles	Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.	 ... for at least 4 days after the rash appears.
Meningococcal Disease	Sudden onset of fever and a combination of headache, neck, stiffness, nausea, vomiting, drowsiness or rash.	Seek medical attention immediately. Patient will need hospital treatment. Close contacts receive antibiotics.
Molluscum Contagiosum	Multiple small lumps (2-5mm) on the skin that are smooth, firm and round, with dimples in the middle. In children, occur mostly on the face, trunk, upper arms and legs. Symptoms can last 6 months to 2 years.	
Mumps	Fever, swollen and tender glands around the jaw.	 ... for 9 days after onset of swelling.
Ringworm* (tinea corporis)	Small scaly patch on the skin surrounded by a pink ring.	 ... for 24 hours after fungal treatment has begun.
Runny nose or common cold		 unless there are other symptoms such as fever, sore throat, cough, rash or headache. Check with school.
Scabies*	Itchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.	 ... until 24 hours after treatment has begun.
Shigella	Diarrhoea (which may contain blood, mucus and pus), fever, stomach cramps, nausea and vomiting.	 until there has not been a loose bowel motion for 24 hours. Antibiotics may be needed.
Slapped Cheek Syndrome (Parvovirus B19 infection, fifth disease, erythema infectiosum)	Mild fever, red cheeks, itchy lace-like rash, and possibly cough, sore throat or runny nose.	 ... as it is most infectious before the rash appears.
Whooping Cough (Pertussis)	Starts with a running nose, followed by persistent cough that comes in bouts. Bouts may be followed by vomiting and a whooping sound as the child gasps for air.	 ... until the first 5 days of an antibiotic course has been completed. Unimmunised siblings may need to stay home too until treated with an antibiotic.
Worms (Threadworms, pinworms)	The main sign of threadworms is an itchy bottom. Sometimes children feel 'out of sorts' and do not want to eat much. They may also have trouble sleeping, due to itching at night.	 and tell the school as other parents will need to know to check their kids.

***It is important that the rest of the family is checked for head lice, scabies and ringworm**